

HOPE

HELPING. OUT. PEOPLE. EARNESTLY

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COVID19 QUARANTINE CENTRE
LIVINGSTONE FOUNDATION INTERNATIONAL
KEVIJA-Ü/THAHEKHU, DIMAPUR
Managed by Western Sümi Hoho &
Western Sümi Baptist Akukuhou Küqhakulu (WSBAK)
T H U R S D A Y

e-Newsletter

VOL-1 ISSUE NO -13

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Rev. Dr. Phughoto Sema
ES, WSBK

IN GRATITUDE

In the book of Philippians (4: 10-20), Paul give thanks to the church in Philippi for helping him even though they themselves were struggling, we see similarity in our situation. Even in our struggling situation our community have chosen to rise above the sin of selfishness. We have witnessed local bodies, churches and individuals' involvement in curbing the situation with each of our capabilities; sustaining each through physical, financial and spiritual care. These are the selfless testimonies of living out in Christ's likeness.

Selfishness is when we accumulate and refuse to share our resources with each other. It could be in terms of policy making and actions of the government, churches, civil bodies and individuals. But our prerogative as Christian leaders and community is to move beyond selfishness, biases and accumulation of resources. We are called to care for the least without reciprocal expectations.

On this note, I would like to convey my gratitude to WSBK and WSH who saw this social responsibility as a matter of faith in action and started this quarantine centre. I thank the LFI authorities, it is through LFI's acceptance to offer a place of solace to the returnees that a quarantine center was set up. I also thank the different committees without whose tireless effort the QC would not function properly: the Sümi Covid-19 Committee Convener Mr Suhuto Chishi, Youth Secy WSBK and members; Finance Committee Convener K. Dennis Yepthomi, Thahekhu and members; Food Committee Convener Mrs Jolly Kavito, President WSTH and members; Transport Committee Convener Kuhoi Yepthomi, Thahekhu and members; Reception Committee Convener Vitohe Chishi, Thahekhu and members; Ministry and Counseling Committee Convener Hojevi Kappo, Secy Music Department WSBK and members; Media Cell Convener Jonah Achumi and members; and Volunteers Convener Kakiho Awomi, President WSSU. I extend my gratitude to the Volunteers inside the Quarantine Centre who selflessly rendered their service with utmost commitment, the security staff, the cleaning staff, the donors- all the organizations, and individuals with a special thanks to ZBCC Peren, ENPO Dimapur unit and Mr. Benjamin Yepthomi, President BJPYM. Finally, I express my immense gratitude to everyone who contributed through cash, in kinds and prayers.

As this crisis continues, it is my hope and believe that we will continue to shoulder each other. And as we continue to share responsibilities let us continue to ask ourselves, what can we do more?

QUARANTINE ETIQUETTES Ver. 1.0



"You may survive the virus but someone else may not, so stay safe and follow guidelines strictly"

Room Etiquettes

1. Keep your arms always clean as unclean surrounding can lead to infection
2. Maintain 2 arms distance from other inmates always & Do not gather in groups
3. Wear mask to prevent spreading or getting infection
4. Wash hands often and avoid touching your eyes, nose and mouth unnecessarily
5. Keep the windows open to get fresh air when feasible
6. Do some exercises
7. Think of some creative ideas which will be helpful for you and the society
8. Meditate upon the word of God and Pray frequently



We care for you and we are praying for you!



Jonah Achumi
Convenor
Media Cell, WSH/ Secretary, Judicial Board WSH

MESSAGE

Perhaps, this is also one of the rare times in human history we are facing and living in. Looking back through sands of time, the world has encountered many dreaded pandemics which have changed the course of history. There must be many reasons for all these eventualities and certainly the COVID-19 pandemic is no exception. While critics and apologists may assert their side of views of conspiracy theories, we can only conclude that everything happens for a reason. Every aspects of life have been brought to a standstill and confronted with the true uncertainty of our very existence and the true vulnerability of human life. How often, humans have believed that we are the supreme masters of this earth? Realizations have come sinking in the aftermath of the outbreak of COVID-19 and has raised many questions that need to be answered.

The COVID-19 pandemic serves us a lesson to be remembered that our political, economic and social systems can serve their purpose and meet our needs only to a limited extend. Pandemics down the ages in history opens up a throwing challenge to test human virtue and perseverance skills and introspective opportunity for our spiritual awakening too.

Sometimes, a slowdown or stagnancy are an opportunity for a deep introspection and retrospection. This crisis is an opportunity for real transformation. Wise people say 'Never let a good crisis go waste'. Because it is the time most people are willing to accept change in every ways be it materially, spiritually , psychology or socially. Humans by nature mostly talks right but walks left and most of us are no exception.

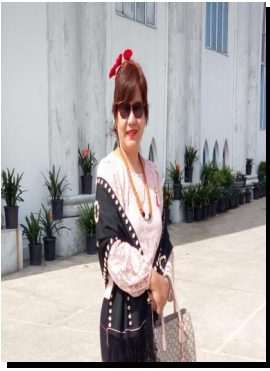
Darwin's Survival of the Fittest quote goes. "It is not the strongest or the most intelligent who will survive but those who can best manage change". When we cannot change a situation, we are compelled to change ourselves.

The COVID-19 Pandemic reminds us that we are experiencing a time where we are left alone with scarce resources. It is the time when we experience the loneliness and fear inside of us. It is the time when we meet our own inner self. It is the time when we have to fend for ourselves. It is the best time to encounter with the Creator. It's a time that teaches us not to depend on our earthly resources; but on our main source - God

May the COVID-19 bring out fruitful and meaningful outcomes and let us rediscover the meaning of our very existence of life on this earth which God gave us.

The pandemic time is the time to rediscover who we are and what we are.

P.S: I would like to take this opportunity in giving my special thanks to my co-partners Tokato K. Yeptho, Jessy K Yeptho and V. Shitovi Sema who have been the most understanding human beings and shouldering all the burdens of the COVID-19 Quarantine Centre Media Team since the beginning as I was kept quiet busy in my documental works and assigned duties related to our Hoho.



Kakheli Inato Jimomi
Secy. Dept. of Women Ministry - WSBK.

WHY MUST I SUFFER ?

Why must I SUFFER in my daily work? I think I know to learn that nothing comes easy ,we really need to work hard with our heart and soul to get the best result.

Why must I go through so much of health problem? Well I think I know _ to experience the suffering of those who are sick mentally, physically, emotionally and spiritually.

Why must I go through emotional breakdown at times ? Well I think I know _ to understand those who go through the same.

Why must I so broke at times ? Well I think I know _ to have a heart for those who are without any job.

Why must I go through untold miseries? Well I think I know _to comfort those who go through the same.

Why must I face false allegations at times? Well I think I know _ experience my Saviour's life here on earth.

Why must I lose my appetite and stay hungry the whole day? Well I think I know _ to experience the hunger and share my food to those who are dying of hunger .

Why must I have mood swings and roundabouts and stay unhappy the whole day? Well I think I know _ to test that staying unhappy is really bad.

WHY? WHY? WHY? Must I SUFFER? Well I think I know _ to grow mature spiritually strong and capable, emotionally and mentally stable and physically strong , to be more equipped and to face any given circumstances with courage and positive faith.

Reading... Matthew 5:11_12.

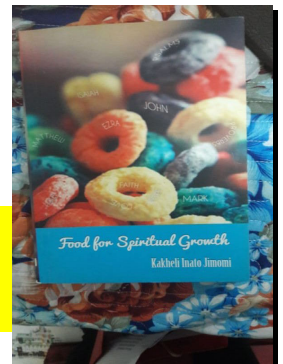
prayer

Dear God , thank you so very much for all the sufferings that you allow me go through in my daily life;it is in this suffering that I come closer and closer to you and stronger and become a better person each day.T hank you for your love.

- Amen

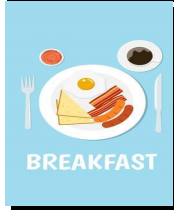


From a book Food for Spiritual Growth
Author - Kakheli Inato Jimomi.
Published on 2014 by Penthrill Publication House - Kohima.

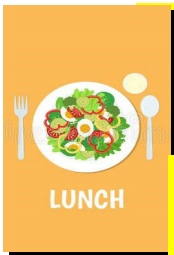




Delicious Soups (Dog, Chicken & Goat) for The Front liners prepared by Mrs. Toyeli Samson



Breakfast was prepared by Thahekhu - STH.



Lunch was prepared by Mrs. Toyeli Samson & Family



Dinner was prepared by Mrs. Jolly Zhimomi & Family

Shops and Market

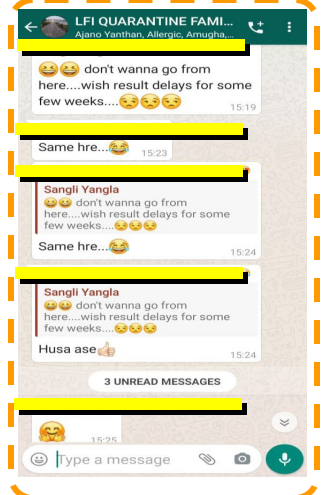


Relaxation is given only by the Government.

CORONA hasn't given Relaxation.

Be careful and Be safe. India has the habit of losing in FINALS

Responses from inmates



NPP Donate @ LFI Q - Centre

NPP NAGALAND STATE DONATES INSPIRATIONAL BOOKS TO INMATES OF LFI QUARANTINE CENTRE

In an endeavor to morally support and instill the values of goodness and optimism, the National People's Party (NPP) Nagaland State made a donation of around 200 Inspirational Books to the inmates (all female) of Livingstone Foundation International (LFI) Quarantine Centre at Thahekhu/Kevijau on 10th June 2020.

NagalandExpress

NPP Nagaland State donates inspirational books to inmates of LFI quarantine centre

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List of Inmates at Q centre LFI

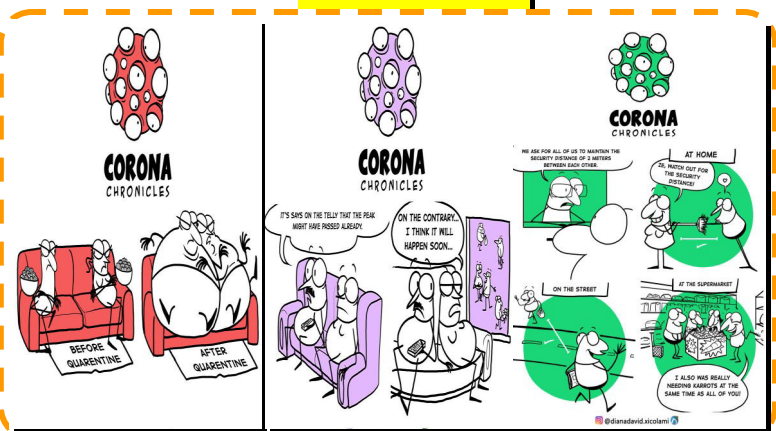
Total No: 155 (Female only)

Dimapur District: Sumi - 37, Ao - 7, Lotha - 6, Angami - 2, Yimchunger - 2, Phom - 3, Bengali - 2, Chang - 1, Konyak - 1, Kuki - 1, Rongmei - 1, Garo - 1, Bihari - 1, Nepali - 2.

Peren District: Zeliang - 74

Mon District: Konyak - 15. (among the inmates there are two infant one is 4 months and the other is 1 years old).

Comic Zone



| NAGALAND COVID-19 UPDATES | | | |
|--------------------------------------|----|------------------|----|
| CASES ACCORDING TO DOMICILE DISTRICT | | | |
| JUNE 10, 2020 | | | |
| DIMAPUR | 15 | KOHIMA | 7 |
| TUENSANG | 9 | PEREN | 63 |
| MON | 23 | ALANWOKHA | 5 |
| MOKOKCHUNG | 0 | ZUNHEBOTO | 1 |
| KIPHIRE | 4 | LONGLENG | 0 |
| PHEK | 1 | TOTAL 128 | |

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HELPLINE NUMBERS:

For General Help:

Medical Quick Response Team (QRT): 07630877983/06009920884/03862-227006.

Reception: 7005352003: 9436004409: 8837207330

Organiser's: 8787581778/9402832881: 8119960737

For Personal Online Counselling: 6009099799 (Female), 8730028488 (F), 8415867373 (F), 8794588394 (F), 7005575202 (Male), 7005837100 (M)

Soliciting your cooperation