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HELPING. OUT. PEOPLE. EARNESTLY

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KEVIJA-Ü/THAHEKHU, DIMAPUR

Managed by Western Sümi Hoho &

Western Sümi Baptist Akukuhou Küqhakulu (WSBAK )

MONDAY

e-Newsletter

VOL-1 ISSUE NO -17

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COVID19

SOME DO'S & DON'TS:

#### Do's

- 1. Always use Hand Wash or Hand Sanitizer
- 2. Always Cover Your Mouth & Nose
- 3. Consult A
  Doctor If
  Sick
- 4. Stay Indoors
- 5. Maintain Social Distancing

### Don'ts

- 1. Avoid Close Contact With Anyone
- 2. Do Not Spit
- 3. Avoid Close contacts
- 4. Don't Panic
- 5. Don't Touch Your Face, Eyes & Nose



Shri Y. Kikheto Sema, IAS, Agriculture Production Commissioner, Covid19 In-charge Dimapur District.

### **Hope Over Pandemic Era (HOPE)**

Though it was not specifically revealed as Corona but I had a dream last year and on similar note, my beloved mother who has now gone to be with the Lord and Rev. Dr. Citronnelli confided in me about some magnanimous problem about to engulf the world.

It was in right time that the WSBAK organized Sumi inter-denominational healing crusade from Nov 15-17, 2019 at Agri Expo, Dimapur which was one of the biggest Sumi inter-denominational gathering. Many people besides Sumi community received spiritual healing and those heart touching testimonies of God's miracles are still fresh in my mind as I write this message.

In October last when my mother was admitted to Zion Hospital, Dimapur, she told me that she would go to be with the Lord in good times stating that next year (2020), the world would have to deal with a massive problem. She told me, through spiritual inspiration, that I, like the Biblical Moses and Joshua, would be leading the people as and when such times come.

Incidentally, when Corona virus erupted all over the world including India, I was tasked by Nagaland Government to head the Special Committee to assist and advice the Administration, Police and Medical Department of Dimapur. We worked from 2nd April – 2nd May, 2020 and remained busy in creating awareness about the disease, border sealing and lot more crucial decisions and activities.

However, one week later since 2<sup>nd</sup> May, the Government again assigned me as the Incharge of Dimapur for COVID-19 activities just when thousands of returnees were about to arrive the State. Along with me, the Government deputed efficient officers like Honje Konyak, Secretary; Robert Longchari, Joint Secretary and Warren Hollohon, Deputy Secretary. The Empowered Group of Dimapur formed various committees for accommodation, reception, transportation and food.

It is very significant that the very site (Agri Expo) where healing crusade was held last year, the same place is now being used as the receiving point of the returnees and I pray for the same healing miracles to happen this year too at the same site.

It is to be mentioned that Dimapur-based citizens alone comprises of 50% of total returnees and initially when Peren and Mon were to be retained in Dimapur, the percentage of Dimapur housing the returnees rose to 75% of total returnees.

That was the peak time when we were frantically exploring facilities for quarantine centre and the WSH and WSBAK were among the first to come forward and volunteered to take care of 200 returnees. However, for that, an infrastructure was needed and the proprietor of Livingstone Foundation International, Dr. Andrew Ahoto Sema, who is also the President of ANPSA allowed his institution to be used.

This is not the first time that the Western Sumi people have taken various social responsibilities and uplifted our image as a community but Sumi's contribution to the society during these challenging times has given more credence by being one the best quarantine centres not only in terms of food and other facilities but routine spiritual nourishment. Through this particular quarantine centre where many Nagaland citizens cutting across tribes and communities are housed, let the trumpet of unity and universal brotherhood blow louder across the nook and corner of our state and the country.

As the Dimapur incharge for COVID-19 activities at Government level and also, individually being a Sumi, I am delighted to see the good works being carried out by the WSH and WSBAK under the leaderships of Dr. Kakheto Zhimomi and Rev. Dr. Phughoto Sema. My sincere applause and gratitude to all those who are sacrificing their time and energy working to see that the quarantine centre runs successfully. I assure of my possible personal cooperation in all your future endeavours.

All glory to God who has been and will continue to keep us going strong.



Hojevi Kappo Secy. Dept. of Church Music Ministry, WSBAK

### **HEAL ME, OH LORD!**

Heal me oh Heal me Lord (2×)
Touch me with your healing hands
Heal me oh heal me Oh Lord. (2×)
Save me oh save me Lord (2×)
From all deadly disease
Save me Oh save me oh Lord

### About the song:

God gave me this song on 27th March 2020 early in the morning while I was praying. I was asking the Lord why He gave me this song, because at that time we had no positive case of COVID-19 in our state.

Now I understand why he gave me this song. Today, I dedicate this song to all the friends who are quarantined at LFI (Livingstone Foundation International) and in different parts of Nagaland and to the frontline workers who have selflessly taken up the responsibility to care and protect us at these trouble times, putting their life at risk.

May God's healing be upon all of you.

Song sung with Henitoli & Eccli V. Jimo (Staff of WSBAK) Video by R&N Studios

https://www.youtube.com/watch?v=QMgwQWpRjsg





### **Sumi Covid19 Ministry & Counselling Committee**

Hojevi Kappo, Convener Charlie Chophy, Member Nivikhu Zhimo, Member Henitoli Viyishe, Member



### Can COVID-19 spread through faeces ?



Like other coronaviruses, this virus can be found in faeces. But COVID-19 spreads primarily through close contact with an infected person or the droplets released when they sneeze or cough. To protect

sneeze or cough. To protect
yourself wash your hands regularly
— especially before preparing food
or eating, after coughing or
sneezing, before and after using
the toilet and after changing a
child's diaper.

#COVID19

# Drinking water alleviates a sore throat. Does this also protect against COVID-19?



While staying hydrated by drinking water is important for overall health, it does not prevent coronavirus infection. If you have fever, cough and difficulty breathing, seek medical care early and share previous travel history with your health care provider. If possible, call ahead so your health care provider can prepare for your visit.



#COVID19

# Can the new coronavirus (COVID-19) survive in hot and humid climates?

Yes, 2019-nCoV has spread to countries with both hot and humid climates, as well as cold and dry. Wherever you live, whatever the climate it is important to follow precautions. Wash your hands frequently and cover coughs and sneezes with a tissue or a bent elbow. Throw the tissue in the bin and wash your hands immediately afterwards.



#COVID19

## What type of disinfectant can I use to wipe down surfaces to protect against COVID-19?

If a surface is dirty, first wipe it down with regular household soap or detergent and rinse with water. Then use a regular household disinfectant like bleach – its active ingredient (sodium hypochlorite) kills bacteria, fungi and viruses. Always protect your hands when using bleach (e.g. wear rubber gloves). Dilute bleach with water according to directions on the package.





# AVAILABLE FOR TELEMEDICAL CONSULTATION



World Health Organization

WhatsApp video call/Chat

**■** SMS

Dr Apong Longchar

M.B.B.S., D.C.H., M.D. (Ped)
CHILD SPECIALIST AND NEONATOLOGIST
Nikos Hosptial and Reseach Centre
Dimapur, Nagaland
Reg. No NMC/R15/00340

For Details contact: +91 8787593557 Between 9:00 am to 4:00 pm.







### MONDAY



Breakfast was prepared by Madam Zhehuli wife of K. Denis.



Lunch was prepared by Madam Toyeli Samson.

> Dinner was prepared by DINNER

Akuvuto Community.

RD - Nagaland State Rural Livelihood Mission has contributed 2 bags of rice and varieties of vegetables towards LFI Q-centre. May the good Lord









Dinner preparation



Ongoing Emotional Freedom Technique/ Therapy (EFT) with some inmates by Mr.

bless their mission.

Boqito K. Chishi.



Mr. Kuhoi Kevin Yeputho donated Milk,

Coffee, Sugar & lemon 3 for the inmates. Thanking you for your generousity.



Members of Dimapur Today (Facebook page) donated 10 cartons water and 1 carton of frooti juice to LFI QC.





60 Sanitary pads donated by Miss Annetoli Assumi, Miss Sulika Assumi Diphupar Village and 18 sanitary pads by anonymous.. Total 78 pcs



### STATUS UPDATE

60 RETURNEES released from Q - Centre LFI, at Present 78 inmates at Q - centre LFI.

#### **HELPLINE NUMBERS:**

### For General Help:

Medical Quick Response Team (QRT): 07630877983/06009920884/03862-227006.

Reception: 7005352003: 9436004409: 8837207330 Organiser's: 8787581778/9402832881: 8119960737

For Personal Online Counselling: 6009099799 (Female), 8730028488 (F), 8415867373 (F), 8794588394 (F), 7005575202 (Male), 7005837100 (M) Soliciting your cooperation