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HELPING. OUT. PEOPLE. EARNESTLY

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TUESDAY

LIVINGSTONE FOUNDATION INTERNATIONAL

KEVIJA-Ü/THAHEKHU, DIMAPUR

Managed by Western Sümi Hoho &

Western Sümi Baptist Akukuhou Küqhakulu (WSBAK)

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P JAMES SWU, NCS Under Secretary to the Government of Nagaland

COVID19

SOME DO'S & DON'TS:

Do's

- 1. Always use Hand Wash or Hand Sanitizer
- 2. Always Cover Your Mouth & Nose
- 3. Consult A
 Doctor If
 Sick
- 4. Stay Indoors
- 5. Maintain Social Distancing

Don'ts

- 1. Avoid Close Contact With Anyone
- 2. Do Not Spit
- 3. Avoid Close contacts
- 4. Don't Panic

CORONA AND HUMAN HEART

Why is gold so expensive and precious? If you remember your class 8 science; gold is in the bottom of the reactivity series table. This means, Gold is a very stable element or in modern words, we may say it is a very cool metal. If you compare the market price of gold and potassium (most reactive metal in the above mentioned table), it is Rs. 46,050 per 10 grams to just a few hundred rupees per kg for potassium. What I'm trying to say is by far the value of cool things are always higher, no wonder we usually term someone or something as cool when we like them. There is another substance called diamond which is not only cool but beautiful. Diamonds are chemically nothing but coal/charcoal which has undergone immense pressure and extreme temperature and in process, its value increases hundred-fold. Nature has devised the same system for humans too to become cool and valuable. There is no other formula. You have to go through lots of pressure (trials) but maintain your cool all the time. And then your value will increase enormously.

In my 38 years of age and 11 years as an NCS officer, COVID 19 is an unprecedented crisis which has challenged the entire aspects of our lives. I have never got to know our people better in my whole 11 years put together than I did in the last three months being a part of "Iamstranded" team & COVID War Room and interacting with thousands of our people in such a short span of time. I saw something lurking out there which is more dangerous than corona virus or for that matter any virus or bacteria. We are a generation of people who expect everything to be delivered to us with ease without even realising if we deserve it. Our sense of

(continue...)

who has educated ourselves to imbecility. In the last society? three months, as I work along, I have been tagging The bible in Psalm 1 says gems and potential gems in our society and sure 1Blessed is the one enough it was a rare sight to espy one.

We are people who call ourselves Christians; a land full of churches; a land overwhelmed with societies & unions & associations with magnificent ideologies for and who meditates on his law day and night. taking our land onward. If an outsider goes through our daily newspapers which are infested with accolades & felicitations & notices of spiritual awakening crusades every week, they will get an impression that we are people packed with excellence in every sphere They are like chaff of life. But it is not so. Where have we gone wrong? Why has our society eroded so badly? It is for we have been treating our sickness with a wrong medication. While our land suffers of malaria we have been treat- The above verse gives us a choice, either to fear God laws in the land, elect the best representatives, select human heart with the power of God. the best bureaucrats etc but unless we address the issue of the depravity of our human heart it will only end up as history has taught us. The lofty ideologies of French & Russian revolution only resulted in paving the way for the rise of military tyrannies of likes of Napoleon & Joseph Stalin. So what I'm trying to say it is not a good society which makes us good people rather it is good people who makes a good society. What is wrong with our society is what is wrong with me and you. If we, an individual choose to remain cool in these trying times and take all these pressures in life as a disciplining force of our life, we become but no less than human gold and diamond. So how do

entitlement goes through the roof while our sense of we remain cool efficiently and increase our personal responsibility is absolute zero. We are a generation values that we contribute positively to our decaying

who does not walk in step with the wicked or stand in the way that sinners take

or sit in the company of mockers.

2but whose delight is in the law of the LORD,

3That person is like a tree planted by streams of water,

which yields its fruit in season and whose leaf does not witherwhatever they do prospers.

4Not so the wicked!

that the wind blows away.

5Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.

ing it with simple paracetamol which does give partial & shun evil or perish with the nature of our depraved relief but not the cure. We are trying to find cure in heart. Only the word of God has the surgical power to our different systems but have failed to address the restore our hearts to its right state. As the world battles primary cause of infection in these systems, "the de- this deadly pandemic of corona virus, may we also pravity of our human heart". We may set the best fight and win the battle against the depravity of our



The Privilege in Serving

Firstly, I want to give all glory and praise to God and I want to thank Him for His love that sustains me. My sincerest gratitude to Western Sumi Hoho and Western Sumi Baptist Akukuhou for letting me be a part of the Sumi Covid-19 food committee.

Ecclesiastes 3 says that there is a season and a time for every purpose under the heaven. And even though this pandemic have brought about much chaos in our lives, I believe that God has something good in store for us if we trust in Him. As Christians, our faiths are put to test when we are faced with challenging times. We should be able to overcome all hurdles with God by our side.

Its has been the 12th day (and still some more days to go) in helping to prepare meals for the returnees in LFI quarantine centre. I am thankful to God for giving me the strength and wisdom to go about with my work and most importantly for good health which otherwise would have cause hindrance to my work. I do not consider it to be a burden but rather a great privilege to be able to offer my service at times like this.

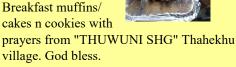
I thank my husband, my children and my friends for helping me through out this entire process. For dedicating their time and leaving aside their duties at home to offer their services as well. May the good Lord bless you all abundantly.



Toyeli Samson Food Committee Member. 22th June 2020

SNIPPETS



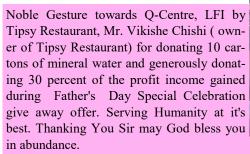




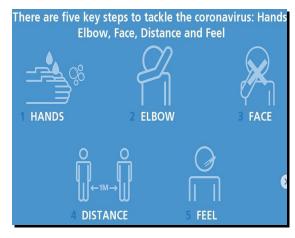
Lunch was prepared by Madam Toyeli Samson. Thank you Ma'am God bless you.



Dinner was prepared by Akuvuto Community. Thank you & God Bless







HELPLINE NUMBERS:

For General Help:

Medical Quick Response Team (QRT): 07630877983/06009920884/03862-227006.

Reception: 7005352003: 9436004409: 8837207330 Organiser's: 8787581778/9402832881: 8119960737