

HOPE

HELPING. OUT. PEOPLE. EARNESTLY

IN THIS ISSUE:

COVID-19 Dimapur...	1
"Understanding Purpose.."	2
Informations & Prayer Section	3
Questionnaire	4
Snippets	5

COVID19 QUARANTINE CENTRE
LIVINGSTONE FOUNDATION INTERNATIONAL
KEVIJA-Ü/THAHEKHU, DIMAPUR
Managed by Western Sümi Hoho &
Western Sümi Baptist Akukuhou Küqhakulu (WSBAK)

M O N D A Y

e-Newsletter

VOL-1 ISSUE NO -3

1 / 0 6 / 2 0 2 0

31/05/2020

NEWS FLASH

- Breakfast was donated by BJYM.
- Lunch & Dinner was prepared by Chekiye Village STH.
- Q-centre visit by Shri Y. Kikheto Sema, IAS, Agriculture Production Commissioner, overall in charge dimapur district Covid19.
- Alobo Naga special appearance leading Worship.
- Tovikali Chishi, Khehokhu Village, one of the Inmates of our Q-centre has donated cash amount... towards the Q-centre LFI management committee.
- Afternoon Snacks prepared by Thahekhu Village STH.
- Dr. L. Phitoli Khala, APW Thahekhu Vill BC gifts for the Front liners at LFI Q-centre.



COVID-19 Dimapur District over all in charge visits LFI Q Centre

On May 31, 2020 Shri. Y. Kikheto Sema IAS APC who is the COVID-19 over all in charge of Dimapur District visited the Quarantine Centre at Livingstone Foundation International managed by WSH and WSBK.

Shri. Sema while participating in the Sunday Worship Service exhorted the returnees. He said, through COVID-19 Naga's should come together and learn to live in unity and to accept one another as a family. He is looking after 49 Quarantine Centres operational in the district with more than 2500 returnees under quarantine.

Worship songs were presented by Mr. Hojevi Kappo and team while special appearance from Mr. Alobo Naga also presented two of his own composition and blessed the returnees. Mrs. Kakheli Inato Jimomi, Secretary Department of Women Ministry WSBK delivered a message "I need you God" based on Psalms 73:25-28. She said, more than other times we need God, more than yesterday we need God today in our life, land. In our worries, tension, anxiety we need God thousand times today. As human we grow weary at times spiritually, physically, emotionally, financially but good news in God is our STRENGTH, as we grow closer to God, we will be renewed, recharged and strength to overcome our enemy. This is the best time for all is us to confess our sins, repent totally and become a new person and be a blessing to many.

Let us hold on to God
Lean on God
Trust God

And invite God in our life and be filled with Holy Spirit and continue to live out the purpose of God in our life.

Worship Service was led by Rev. Dr. Phughoto Sema, Executive Secretary WSBK and invoked God's presence. The worship was closed with a mass prayer and benediction was pronounced by Nivukhu Jimo, Associate Pastor East Dimapur Sümi Baptist Akukuhou.

- Report by Media Team

HOPE

HELPING. OUT. PEOPLE. EARNESTLY

COVID19

SOME DO'S & DON'TS:

Do's

1. Always use Hand Wash or Hand Sanitizer
2. Always Cover Your Mouth & Nose
3. Consult A Doctor If Sick
4. Stay Indoors
5. Maintain Social Distancing

Don'ts

1. Avoid Close Contact With Anyone
2. Do Not Spit
3. Avoid Close contacts
4. Don't Panic
5. Don't Touch Your Face, Eyes & Nose

MONDAY

1 / 0 6 / 2 0 2 0



Amughato Y. Awomi,
Sanitation In - charge
Q - Centre, LFI.

Understanding Purpose To Add Meaning

As I step in my early 30's thoughts bombarded with queries of existential meaning, identity and achievements. Sadden to have none, always in constant self-analyzing thoughts of making life matter here on earth. The opportunity to have served though insignificant in comparison, I consider it as an important milestone in my gallery of achievements. A sense of pride and joy to have contributed and mattered when confusion and fear engulfed our society and unthawed forces threatened our existence.

Though many a times my finger tickled the tips of the keyboard to post and comment and express sarcasm to expose words of hypocrisy on social media. But the inner self or if you will, conscious reminded me to put oneself in action before words. So here I am actively participating for something bigger than me and I thank the heavens for this opportunity. As I venture with every individual who is determined to recover and restore from these dark times, I find a sense of meaning, identity and purpose.

Concluding with a quote by, Vladimir Lenin, "you cannot make a revolution with white gloves", though spoken in a different context yet provides a deeper meaning for our struggling Naga society. Urging every individual to be active rather than remaining passive in this times of crisis.

COVID-19

DD NEWS

MYTH BUSTERS

CORONAVIRUS DISEASE

ADVICE FOR THE PUBLIC

How do I ensure clothes and bedlinen don't spread novel coronavirus?

Don't carry dirty linen or clothes against your body. Wash them in hot water (between 60-90°C) with laundry detergent or soap. If available, add bleach. Follow the directions on the package. Machine dry on a high temperature or dry in direct sunlight.



World Health Organization
Western Pacific Region

#COVID19
21 Feb 2020

**AVAILABLE FOR
TELEMEDICAL
CONSULTATION**

Through: Voice Call
 WhatsApp video call/Chat
 SMS

Dr Apong Longchar
M.B.B.S., D.C.H., M.D. (Ped)
CHILD SPECIALIST AND NEONATOLOGIST
Nikos Hospital and Research Centre
Dimapur, Nagaland
Reg. No NMC/R15/00340

For Details contact:
+91 8787593557
Between 9:00 am to 4:00 pm.

List of Inmates at Q centre LFI

Total No: 155 (Female only)

Dimapur District: Sumi - 37, Ao - 7,
Lotha - 6, Angami - 2, Yimchunger - 2,
Phom - 3, Bengali - 2, Chang - 1,
Konyak - 1. Kuki - 1, Rongmei - 1, Garo -
1, Bihari - 1, Nepali - 2.

Peren District: Zeliang -75

Mon District: Konyak - 13.

(among the inmates there are two infant
one is 4 months and the other is 11
months old)

**Theme Song for Inmates
composed by Ministry team**



Heal me oh Heal me Lord (2x)
Touch me with your healing hands
Heal me oh heal me Oh Lord. (2x)

Save me oh save me Lord (2x)
From all deadly disease
Save me Oh save me oh Lord

PRAYER SECTION

PRAYER POINTS:

- Pray for the 155 inmates at Q centre LFI
- Pray for the frontliners at Q centre LFI
- Pray for all the committee members
- Pray for all the generous givers
- Pray for Nagaland.

"O Lord my God, I lift up my Friends to You, In times like these, I ask You to give them inner strength so that they can replace the Darkness with the Light of a Life, Renew a fresh in them, be it physically, mentally, emotionally or spiritually. Wrap your Arms around them when they feel like giving up, and give them Strength and Courage so that they may Face the Day. When in Pain Comfort them, when Fear overshadows them give them Peace, Still their Perplex thoughts, and cover them with your Wings of Love. Committing all of their lives into your mighty hands, in Christ name I pray Amen".

V. Marlyn Holo
Counselor

24/7 ONLINE
COUNSELLING SERVICE AVAILABLE

Result Update & Activity

QUARANTINE CENTRE
LIVINGSTONE FOUNDATION INTERNATIONAL
Managed by
Western: Stani Hoho & Western: Stani Biptak Abokhous Zoogakulo

Bed No: _____
Room No: _____

play to win! **ACTIVITY 4** **CROSSWORD**

Education

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18

Across

- Learner: one who studies
- Opposite of better
- Female deer
- Preposition meaning "over and in contact with"
- For example (Latin abbreviation)
- And the others (Latin abbreviation)
- Exclamation of surprise
- Try; inspect closely
- Not ever

Down

- Tales, short fictional narratives, anecdotes
- 2,000 pounds
- Opposite of alone
- Room number tip
- Negative response opposite of yes
- Intersect
- Conjunction used with comparative adjectives and adverbs
- Vocal or musical sound; a particular pitch in an intonation
- Objective case of the pronoun "I"
- Roman numeral for four

YESTERDAY'S RESULT

A. Individual	B. Room
1. Bed 18 Room 2 @ 3:39	1. Room 7 (4/6 correct answers)
2. Bed 150 Room 19 @ 3:51	2. Room 20 (5/7 correct answers)
3. Bed 157 Room 20 @ 3:52	3. Room 6 (3/8 correct answers)
4. Bed 158 Room 20 @ 3:52	
5. Bed 161 Room 20 @ 3:52	

WhatsApp your completed activity to ARSa Team (Accommodation, Reception & Sanitation team) @ 9402 6966 54

THE FIRST FIVE PERSON to whatsapp will be the winners

Besides FIVE INDIVIDUAL PRIZE there will be **PRIZE FOR THESE ROOMS** (Based on the highest correct answer from each room)

MUSIC-K-A
(ALOBONAGA SCHOOL OF MUSIC)

DO YOU HAVE INTERNET AND A MUSICAL INSTRUMENT?

GET ONE-ON-ONE ONLINE MUSIC LESSONS

WANT TO KEEP YOURSELF OR YOUR KIDS GAINFULLY ENGAGED THIS PERIOD? SIGN UP NOW!

LEARN VOICE|PIANO|VIOLIN|GUITAR|DRUM|BASS|MUSIC THEORY

WHATSAPP:09856863879 FOR ENQUIRES AND BOOKING

Now learn music (one-on-one lesson) from home, anywhere ...
you just need internet, musical instrument and passion.
Call us or what's app us for details

ROOM NO: 6 BED NO: 50.

1. How do you feel about being quarantine?

Honestly, it's a great time to be in the quarantine period. I enjoyed this time so much, the food, strong team from WSH&WSBAK take care of all the inmates very well. The arrangements were superb. The activities are so fun loving. The welcome was so warm. Most importantly it is very good step to detect the spread of COVID-19.

2. What are your thoughts on keeping one meter distance?

To my opinion It's very important to keep one meter distance. It's the only way right now to keep yourself safe from the spread COVID-19. We should adhere this when we move out from our homes, or to visit any public gathering.

3. Is there any new insight during these few days of quarantine? Or?

Everything was perfect and succeed as planned. From the quarantine centre they did everything up to their capacity keep us safe and comfortable. But I would say some people have to understand this and utilise the water wisely. Organizers already informed us to use it only for essential needs, but somewhere it was misused as well. We have to keep this in mind the work accordingly.

4. What are the new things that you have learned during these few days in LFI Q-centre?

As I used to keep myself active on internet and social media. I watched many inspirational videos and read the books provided by the centre to keep myself busy and learn new things. I thanked to Quarantine centre for providing free Wi-Fi during this period. Also many learning activities already designed by the centre to keep us engaged and help us to learn new skills.

5. Does cleanliness matter much to you?

Yes, cleanliness matters a lot to every Human being life. From personal hygiene to social hygiene everyone has to be active in this. And COVID-19 period teaches us a great lessons to us why it is so important. In very simple words "Cleanliness is next to godliness".

6. Do you always wash up before a meal?

Yes I wash my hands before and after every meal.

7. What are the four Do's to stay safe during the Corona outbreak?

Wash or sanitise your hands frequently.

Avoid unnecessary public gathering.

Keep 1 meter distance when do so, Always wear a mask when move out from home.

Eat healthy food to built your Immune system.

8. Do you have any advice to give to your fellow inmates?

Please be cautious about you and your loved ones health, Follow all necessary measures guided by WHO to prevent this pandemic COVID-19. Stay away from fake news and spread positivity.

9. Are you reading the Bible every day?

Yes, I phrase Bible everyday.

10. Are you happy with the services provided by the Q-centre in charges? If yes why? If no why?

I am highly pleased by the services provided by Quarantine centre In charges. They did everything best in their capacity to keep us safe and comfortable. I loved the warm welcome, the welcome gifts, the food is too pleasing and nutritious. I understand they all were doing so hard work and tirelessly, and I appreciate their efforts. Lord will help us to fight with tough time and we all will rise again with more strength.

11. Do you have any suggestions or advices to give to the Q-centre in charges?

I would like to Thanks again to the team for taking great care of us. Continue the good work with this spirit. Humbled.!

Questionnaire Results



SNIPPETS

MONDAY



Lunch & Dinner Prepared by Chekiye Village STH

Gifts for The Front Liners by Dr. Phitoli Khala



Afternoon Snack Prepared by Thahekhu Village STH


Busy Working Behind the Scene

Sunday Ministry



Just for Laugh

Jab bacha bahar se aata hai toh maa kehti hai...
"Haath dho lo, warna Coronavirus aa jaayega"




Keep your hands clean.
 Avoid touching mouth, eyes and nose.
 #NoToCorona



Chintu-This Corona Changed My Entire Thinking About Good & Bad.

Mintu:- How..?

Chintu:-Before Corona Virus I Used To Cough To Cover A Fart, Now I Fart To Cover A Cough.



HELPLINE NUMBERS:

For General Help:

Medical Quick Response Team (QRT): 07630877983/06009920884/03862-227006.

Reception: 7005352003; 9436004409; 8837207330

Organiser's: 8787581778/9402832881; 8119960737

For Personal Online Counselling: 6009099799 (Female), 8730028488 (F), 8415867373 (F), 8794588394 (F), 7005575202 (Male), 7005837100 (M)

Soliciting your cooperation